

## **JoinCPActive Young Changemakers**

A 12-week pilot program designed by and for young people aged 18-30 years with cerebral palsy (CP).

Empower yourself, connect with a supportive community, and amplify your voice to become a changemaker.

Date: 28<sup>th</sup> August to 30<sup>th</sup> November 2023

Time: Flexible and variable

Location: Online

### **Who is CPActive Young Changemakers for?**

CPActive Young Change Makers is tailored for young individuals aged 18-30 with cerebral palsy (CP) who seek a vibrant platform to connect, collaborate, and grow.

Whether you're looking to expand your skills, engage with and learn from a supportive community, or unleash your potential, CPActive Young Changemakers is for you!

Together, we will create a stronger voice for young people with CP.

### **Why join Young Changemakers?**

By joining CPActive Young Changemakers, you'll become part of a vibrant community movement where your voice is valued, and your aspirations are celebrated.

You will gain valuable skills, such as effective advocacy techniques, empowering leadership skills and the ability to build meaningful networks.

You'll be part of a supportive community where you can share

your experiences, learn from others who have been there before you and collaborate with peers who understand your journey.

### **What's included in the program?**

As a participant in this three-month pilot phase, you'll have the opportunity to provide valuable feedback, influence the offerings and help us create an even more enriching and empowering community experience for young people with CP.

During this limited-time period, you'll gain exclusive access to virtual learning sessions, curated reading materials, captivating video content, and fun podcasts.

Your participation and feedback will help us refine the program to better meet the needs and aspirations of our community.

### **Be a changemaker- join our pilot phase**

By joining CPActive Young Changemakers, you'll embark on a journey of personal growth, community connection, and advocacy, guided by young people with CP who have been there before.

Develop your skills, build lasting relationships, and find your voice to advocate for yourself and your community.

Together, let's shape a future where young people with CP thrive.

### **How do I register?**

Becoming a member of CPActive Young Changemakers is simple and free!

Sign up now and get ready for the kickoff on August 28th. Join us today and embark on a transformative journey of connection, skill development, and empowerment.

If you require support to complete this form or would like to discuss your access needs, please contact us directly via email or phone.

## Contact us

For any inquiries:

Phone: 0437 616 578

Email: [info@cpactive.org.au](mailto:info@cpactive.org.au)

Website: [www.cpactive.org.au/youngchangemakers](http://www.cpactive.org.au/youngchangemakers)

## Frequently asked questions:

- **Is the program open to individuals outside the specified age range?**

The CPActive Young Changemakers targets individuals aged 18-30 with CP, however, exceptions may be considered on a case-by-case basis for people >30 years. CPActive Hub is not available for people aged <18 years during the pilot phase, however, will be open to 14+ into the future. Contact us for more information.

- **Will CPActive Young Changemakers meet my accessibility needs?**

We hope so, however, we understand each individual's needs are different. We strive to create an inclusive and accessible environment for all participants and will be utilising a range of methods in order to achieve this. We are also testing the software on accessibility so would love your feedback. We encourage all participants to advise us of your unique accessibility needs during the registration process so we can ensure you can participate fully.

- **Is there a fee to join the program?**

The pilot phase of CPActive Young Changemakers is free of charge for young people with CP in Australia, thanks to the

support of Cerebral Palsy Alliance. Long-term, there is a potential for membership fees.

- **What equipment will I need to participate?**

Participants will require access to a personal device to receive the content plus a personal

computer/laptop to access the live connect sessions (over Zoom). All participants are required

to sign up using a valid email address.

- **How much time will this program take up in my life?**

CActive Young Changemakers will provide you with engaging content that you can access any time on any device. Its up to you how and when you want to dive in. The content will take a total of 60 minutes per fortnight to read/watch/listen then there will be a set virtual connect session over zoom once per fortnight.